

RUTLAND TOWN SCHOOL

MAY LUNCH MENU 2017



Monday

Tuesday

Wednesday

Thursday

Friday

1
BBQ Pulled Pork Sandwich
Coleslaw
Smashed Sweet Potato

2
Oven-Fried Chicken
Roasted Red Potatoes
Sweet Peas
Wheat Dinner Roll

3
Cheesy Breadstick Dunkers
Marinara Sauce
Caesar Salad

4
Crunchy Corn Dogs
Baked Beans
Corn on the Cob

5
Chicken Nuggets!
Hand-Cut Fries
Cucumber Salad
Dipping Sauces

8
Brunch for Lunch!
Whole Wheat Pancakes
Tater Tots
Sausage Patties

9
Baked Potato Bar!
Served With Chili, Cheese Sauce, & Variety of Toppings.

10
Home-Style Melty Macaroni & Cheese
Broccoli Salad

11
Cheesy Chicken Quesadilla
Spanish Rice
Black Bean Salad

12
From The Grill!
Hamburger or Hot Dog w/fixings
Whole Wheat Bun
Potato Salad
Orange Smiles

15
Grilled Cheese Sandwich
Homemade Soup
Cinnamon Apples

16
Fix-a-Fajita!
Choice of Pork or Chicken with a Variety of Fajita Fillers
Rice

17
Mighty! Meatball Subs
Tater Tots
Steamed Carrots

18
General Tso's Popcorn Chicken
Oriental Vegetables
Oven-Fried Rice

19
Pizza Day!
A Variety of Specialty and Traditional Pizza's
Made on our Homemade Whole Wheat Crust

22
Brunch for Lunch!
French Toast Sticks
Potato Bites
Sausage Patties
Sliced Melon

23
Baked Potato Bar!
Served With Chili, Cheese Sauce, & Variety of Toppings.

24
Spaghetti Meaty Marinara
Garlic Breadstick
Harvest of the Month! Mixed Green Salad!

25
Chicken Patty Day!
Confetti Corn
Tasty Tater tots

26
Early Release!
Deli Day!
Sun-chips
Whole Fruit
Cheese Stick



30
Shepherd's Pie
Whole Wheat Dinner Roll

31
Hail Caesar!
Grilled Chicken
Caesar Wrap
Pasta Salad
Orange Smiles



A Taste of Vermont!
May 24th
Join us in the cafeteria and grab a sample of some locally harvested Mixed Greens!

SANDWICH SHOP
Freshly prepared Subs, Sandwiches, & Wraps available daily.
Yogurt Meals:
A Prepacked Grab'N'Go Option. Includes Parfait or Yogurt served with Granola Bar, String Cheese, & Salad Bar!

THE SIZZLER
Our Sizzler Station provides a variety of kid favorite options such as: Chicken Nuggets, Hamburgers, Cheese Burgers, Chicken Fingers, Fish-Wiches, & More. Served with our house seasoned hand-cut fries.

GREENS-N-THINGS
Our Greens-N-Things bar is available daily! Round out your lunch entrée by filling up on an assortment of fresh cut fruits, vegetables, legumes, Specialty Salads, & More!

LITTLE ITALY
Little Italy, our daily selection of Cheese, Pepperoni, or Specialty Pizzas. All of our whole wheat Pizza Crust is made fresh in house everyday.

HALAPENOS
Build your own Fajita, Taco, Taco Salad or Nachos with a Variety of fun items including Jalapenos.
Prices: Lunch \$2.65
Adult: \$3.50

Questions or Concerns? Visit us at rts.edudine.com or Contact Tracey Urbani at the Rutland Town School Cafeteria 775-7719 ext. 2045

