

RUTLAND TOWN SCHOOL

APRIL LUNCH MENU 2017



Monday

Tuesday

Wednesday

Thursday

Friday

3
Oven-Fried Chicken
Smashed Potatoes
Steamed Corn
Crumbly Corn Bread

4
MAPLE BBQ'd
Pork Sandwich
Coleslaw
Curried Sweet Potato Fries

5
Cheesy Breadstick Dunkers
Marinara Sauce
Caesar Salad

6
Early Release!
Deli Day!
Sun-chips
Whole Fruit
Cheese Stick

7
Early Release!
Chicken Patty Day!
Sun-chips
Whole Fruit
Cheese Stick

10
Brunch for Lunch!
Whole Wheat Pancakes
Potato Bites
Sausage Patties

11
Baked Potato Bar!
Served With Chili, Cheese Sauce, & Variety of Toppings.

12
Home-Style Melty Macaroni & Cheese
MAPLE Kissed Carrots

13
Build a Better Burger!
Whole Wheat Bun
House-Cut Fries
Sweet Peas

14
Pizza Day!
A Variety of Specialty and Traditional Pizza's.
Made on our Homemade Whole Wheat Crust

17
Spring Break!

18
Spring Break!

19
Spring Break!

20
Spring Break!

21
Spring Break!

24
Hail Caesar!
Grilled Chicken
Caesar Wrap
Pasta Salad
Orange Smiles

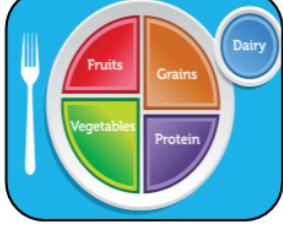
25
VT Maple Apple
French Toast Bake
Sausage Links
Home fries
Harvest of the Month!

26
Spaghetti
Meat Marinara
Garlic Breadstick
Steamed Broccoli

27
Shepherd's Pie
Wheat Dinner Roll

Birthday Cake Celebration

28
Herb Roasted Turkey w/Gravy
Roasted Red Potatoes
Green Beans
Wheat Dinner Roll



(Makes 4-6 servings)
1 apple, wedged
6-8 slices wheat bread
4 eggs, 1 C milk
2 T Maple syrup
1 1/2 t cinnamon, divided
1/4 t nutmeg, 1/8 t salt
1 t sugar



A Taste of Vermont!
April 25th
Join us in the cafeteria and grab a sample of some locally harvested Maple Syrup!

SANDWICH SHOP
Freshly prepared Subs, Sandwiches, & Wraps available daily.
Yogurt Meals:
A Prepacked Grab'N'Go Option. Includes Parfait or Yogurt served with Granola Bar, String Cheese, & Salad Bar!

THE SIZZLER
Our Sizzler Station provides a variety of kid favorite options such as: Chicken Nuggets, Hamburgers, Cheese Burgers, Chicken Fingers, Fish-Wiches, & More. Served with our house seasoned hand-cut fries.

GREENS-N-THINGS
Our Greens-N-Things bar is available daily! Round out your lunch entrée by filling up on an assortment of fresh cut fruits, vegetables, legumes, Specialty Salads, & More!

LITTLE ITALY
Little Italy, our daily selection of Cheese, Pepperoni, or Specialty Pizzas. All of our whole wheat Pizza Crust is made fresh in house everyday.

JALAPENOS
Build your own Fajita, Taco, Taco Salad or Nachos with a Variety of fun items including Jalapenos. Prices: Lunch \$2.65 Adult: \$3.50

Questions or Concerns? Visit us at rts.edudine.com or Contact Tracey Urbani at the Rutland Town School Cafeteria 775-7719 ext. 2045

